# **Nobody Changes MY Body!**

### Today's Plan



#### We are going to learn about;

Growing up and Staying Safe





1. What **can you do** now?

- 2. How has your body changed since you were a baby?
- 3. Who helps and supports you now?

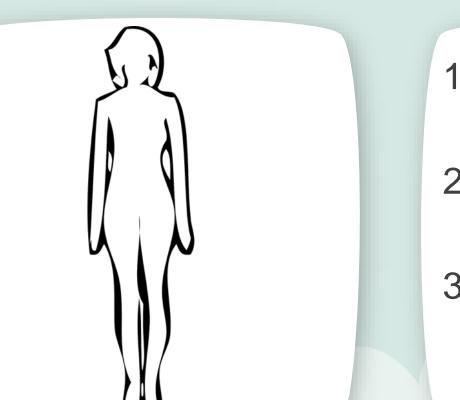
# Draw a picture of you as <u>a baby</u>



1. What **can you do** now?

- 2. How has your body changed since you were a baby?
- 3. Who helps and supports you now?

# Draw a picture of you <u>now</u>



1. What will you be doing?

2. How will your body changed?

3. Who will **help and support** you in the future?

## Draw a picture of you in the <u>future</u>

# My rights

- My body is <u>MINE</u>
- Nobody has the right to HURT my body
- Nobody has the right to CHANGE my body



FGM is...

# when a girls private parts (genitals) are cut away or damaged

# FGM is... very painful and goes against children's rights





# How has learning about FGM made you feel?



#### What should I do if I am worried?

999 NSPCC Helpline Trusted Adult

